# Healthy Klamath Meeting August 22, 2019 8:30-9:30am

# Community Health Education Center

### In Attendance:

Kendra Santiago, Patty Card, Brittney Johansen, Signe Porter, Amanda Blodgett, Cally McCool, Jen Newton, Chad Grandfield, Ralph Eccles, Carrie Ganong, John Bellon, Molly Jespersen, Kelsey Mueller, Martha Decker-Hall, Carol Westfall, Katherine Duarte, Jessie Hecocta, Renea Wood, Anna Barlowe, Dallas Swanson, Merritt Driscoll, Jennifer Little, Patty Case, Cord Van Riper

# Agenda Item:

### Notes:

# CHIP Progress & Brief Sector Updates

Draft CHIP is posted on Healthy Klamath website for public feedback. Healthy Klamath Core Four are working to revise priority issue tables for ease of review.

### 1)Suicide Prevention (Patty Card)

40 agencies have joined You Matter to Klamath Coalition which has been working the past year and works in three realms: Prevention, Intervention, and Postvention. You Matter to Klamath is hosting a Suicide Prevention video contest in September for 7<sup>th</sup> – 12<sup>th</sup> graders. See attached flyer. You Matter to Klamath is the lead coalition for suicide prevention work and meet monthly on the first Monday at KBBH from 3:30 to 4:30. Contact Patty Card (pcard@kbbh.org) or Abbie McClung (amcclung@kbbh.org) for more information.

### 2) Physical Health (Merritt Driscoll)

Blue Zones led workgroup with focus on reducing obesity and increasing physical wellbeing. Some strategies include: Playground by Leathers project at Moore Park which is currently looking for members to serve on a 12-24 person steering committee for the design of a community-specific ADA compliant playground; 10 Minute Walk Campaign as recently signed by Mayor Westfall in which all Klamath Falls residents should be within a 10 minute walk to a park, and Safe Routes to School, which recently received funding for Klamath Falls. Workgroup meets every other month, times vary. Contact Merritt (merritt.driscoll@healthyklamath.org) for more information.

### 3) Oral Health (Cord VanRiper)

Klamath Basin Oral Health Coalition is the lead coalition and is working to develop a workplan based on the three strategy goals of Awareness, Access, and Advocacy. Current focuses are: education among providers about safe dental practices for pregnant women, working with OHSU on training Front Line Health Workers in oral health, and working with OIT to do oral cancer screenings and prevention needs assessment. KBOHC meets monthly from 12 – 1pm at the Community Health Education Center; email <a href="mailto:klamathbasinohc@gmail.com">klamathbasinohc@gmail.com</a> for more information.

## 4) Infant Mortality (Jennifer Little)

New workgroup has been formed by Public Health to address infant mortality and is focusing on safe sleep practices, increased prenatal care, and reduced tobacco and substance use among pregnant mothers. Workgroup meets monthly on first Friday of each month, email Jennifer Little (jlittle@klamathcounty.org) if you are interested in joining.

Healthy Equity Assessment Root Cause Analysis	Developed to align with Governor Brown's funding and priority. Two work groups have been developed. KCEDA (Discover Klamath) is leading work group on economic development with focus on recruiting investors for new build. Second workgroup will focus on policy, advocacy, and community initiatives. Second group is looking at landlord education, code enforcement policy, and a survey to tenants about housing quality and conditions. Housing policy/initiatives workgroup meets the 2 <sup>nd</sup> Tuesday of each month at 9am at CHA. Contact Maria (mariar@cascadecomp.com) for more information.  6) Food Insecurity (Kelsey Mueller) Lead agency is Blue Zones Project and the Food Systems Committee. Current focus has been on Klamath Farmers' Market, Klamath Farmers' Online Market (KFOM) and working with the Moore Institute Nutrition Hub. Goals are to increase access to local, healthy foods. Sky Lakes Farmers' Market has expanded with KFOM producers and has experienced noticeable growth. The Food Policy committee meets every month on the 1 <sup>st</sup> Tuesday at 10:30 at Blue Zones (Herald and News bldg.). Contact Kelsey for more information (kelsey.mueller@healthyklamath.org)  Biggest social issues identified by the group: under/unemployment; education/skills attainment; poverty (cycle, generational); housing; lack of access to recreational and social activities; growing senior population (social isolation); homelessness; food insecurity; trauma; stigmas.
(Cord VanRiper)	Top <u>health concerns</u> : Tobacco use (9), Access to care (7), Substance use (7), Obesity (6), Diabetes (6), Mental health (6), Oral health (6), Lack of healthy habits (5), Affordability of health care (3)
	CHA will use these results along with information collected at provider, member, and staff focus groups to publish a health equity needs assessment and a subsequent health equity plan. CHA, KCPH, and HK want to work towards a shared health equity plan for Klamath County.
Moore Institute Nutrition Hub (Monica Cuneo)	Kent Thornburg – Epidemic of chronic disease and understanding epigenetics – TEDxPortland - <a href="https://www.youtube.com/watch?reload=9&amp;v=ReCvreRPdeY">https://www.youtube.com/watch?reload=9&amp;v=ReCvreRPdeY</a> Monica from OHSU Moore Institute provided follow-up to the group about the Nutrition Oregon Campaign and local Nutrition Hub – centered on the premise of why rates of chronic disease in the US are increasing and how the systems approach can be used to lower these rates. An in-depth hub leadership meeting was held immediately following the HK meeting.
Community Updates All	Please provide your updates to the group! Culture of Health Prize – Money awarded to six groups: Youth Rising, Klamath Basin Seniors' Center, Klamath Union High School culinary program, Klamath Falls Farmers' Market, Just Talk, and Citizens for Safe Schools. RWJF Culture of Health

	Prize plaque is going to be presented to Board of County Commissioners on Tues., August 27 <sup>th</sup> at 8:30am at Government Center.
Next Meeting: October 24, 2019	