

## Living Well Programs Calendar 2018

January	February	March	April/May	May	June	July	August	Sept	October	Nov
<b>Living Well with Chronic Pain</b>										
<b>Wednesdays</b> Jan. 10th - Feb. 14th <b>Time:</b> 1-3:30 pm <b>Location:</b> Rhonda J. & Kelli T.	<b>Mondays</b> Feb. 19th - Mar. 26th <b>Time:</b> 5:30-8 pm <b>Location:</b> OPCM 1930 S. 6th St. Dawn W. Jennifer B.	<b>Wednesdays</b> Mar. 7th - Apr. 11th <b>Time:</b> 10 am-12:30 pm <b>Location:</b> KBBH 2210 Eldorado Jennifer L. Rhonda J.	<b>Wednesdays</b> May 2- June 6 <b>Time:</b> 3-5:30 pm <b>Location:</b> CHEC 2200 Eldorado Dawn W. Jenn B.	<b>Tuesdays</b> June 5th - July 10th <b>Time:</b> 10 am- 12:30 <b>Location:</b> P.H. Annex 3314 Vandenberg Dawn W. Jenn B.	<b>Wednesdays</b> June 27th - Aug 1st <b>Time:</b> 5:30-8 pm <b>Location:</b> OPCM 1930 S. 6th St			<b>Mondays</b> Sep. 10th - Oct. 15th <b>Time:</b> 10:00am-12:30 pm Daytime <b>Location:</b> Jennifer L.	<b>Tentative</b> Weeks of Oct. 1st - Nov. 5th <b>Time:</b> Evening <b>Location:</b> ?	<b>Tuesdays</b> Weeks of Nov. 5th - Dec. 10th <b>Time:</b> Daytime <b>Location:</b> ? Laurel J.
<b>Living Well with Diabetes</b>										
	<b>Tuesdays</b> Feb. 6th - Mar. 13th <b>Time:</b> 1-3:30 pm <b>Location:</b> Community Health Ed. CTR. 2200 Eldorado Doug T. Rhonda A.				<b>Tuesdays</b> June 12th - July 17th <b>Time:</b> 9:30 am-12:00pm <b>Location:</b> CHEC 2200 Eldorado Rhonda J. Aislyn U.				<b>Wednesdays</b> Oct. 10th - Nov. 14th <b>Time:</b> 5:30-8 pm <b>Location:</b> OPCM 1930 S. 6th St. Dawn W. Cristal N.	
<b>Living Well with Chronic Disease</b>										
			<b>Mondays</b> Apr. 9th - May 14th <b>Time:</b> 5:30-8 pm <b>Location:</b> OPCM 1930 S. 6 St. Dawn W. Cristal N.				<b>Wednesdays</b> Aug. 15th - Sep. 19th <b>Time:</b> 2:00-4:30 pm <b>Location:</b> ? Rhonda J.			
<b>Location of classes:</b>  *Community Health Education Building (CHEC) 2200 Eldorado Ave. KF (541) 883-2947  *Sky Lakes Outpatient Care Mgmt (OPCM) 1930 S. 6th St. (541) 274-7252  *Klamath Open Door Clinic (KOD) 2074 S. 6th St. (541) 851-8110  *Klamath Basin Sr. Citizens Center (KBCSS) 2045 Arthur St. (541) 883-7171  *Klamath Basin Behavioral Health (KBBH) 2210 Eldorado Ave. (541) 883-1030						<b>Cost:</b> FREE to all participants  For more information or to register please contact Valerie Franklin at (541) 274-7252 or email: Valerie.franklin@skylakes.org				