

Healthy Klamath Meeting  
 August 26, 2015  
 10:00am-11:00am  
 Community Health Education Center

In Attendance: Jackie Guiley (KTHFS), Jessie Hecocta (KTHFS/BZP), Erin Cox (BZP), Merritt Driscoll (BZP), Cort Cox (BZP), Jessie DuBose (BZP), Lynda Daniel (KTHFS), Mike Reeder (Steen), Carrie Ganong (Sanford), Amy Boivin (KBBH), Holly Sharp (FOTC), Kristen Wils (KCPH), John Bellon (City Parks), Renea Wood (YMCA), Heidi Vaughn (KCPH/KRHEC), Nora Avery Page (H&N), Jennifer Little (Sky Lakes), Katherine Pope (Sky Lakes)

Agenda Item	Discussion	Action Item
<b>Welcome</b>		
<b>HK leadership update</b>	Jennifer Little is now working for Sky Lakes and will be taking the leadership role for Healthy Klamath, as Katherine and Stephanie are overcommitted at work. Jennifer's replacement at Public Health will step into the leadership role for Healthy Klamath.	
<b>Blue Zones staff introductions</b>	<p>Blue Zones has hired their community lead staff and they introduced themselves.</p> <ul style="list-style-type: none"> <li>-Jessie Hecocta- Organization lead</li> <li>- Erin Cox- Organization lead</li> <li>- Cort Cox- Engagement Lead</li> <li>- Jessie DuBose- Community Program Manager</li> <li>- Merritt Driscoll- Program Manager</li> </ul> <p>Their onboarding and training will continue through the end of September and then they will have a clearer picture of what they'll be doing and how they'll be engaged with Healthy Klamath, the BZP committees, and the community in general.</p> <p>For the first 3 months, the BZP leads will have their offices at Gaucho Collective and after that will move to the old Smith Bates building.</p>	<p><a href="mailto:Jessica.dubose@healthways.com">Jessica.dubose@healthways.com</a>  <a href="mailto:Cort.Cox1@healthways.com">Cort.Cox1@healthways.com</a>  <a href="mailto:Merritt.Driscoll@healthways.com">Merritt.Driscoll@healthways.com</a></p> <p>The other BZP leads don't have access to their emails yet, as they haven't started yet. Stay tuned.</p>
<b>Blue Zones/HK merger discussion and meeting schedule</b>	As BZP begins, many of the Healthy Klamath members are going to be involved in those projects. We don't want to stretch people too thin, nor duplicate efforts. The question was asked whether we should merge Healthy Klamath with Blue Zones, table Healthy Klamath, or use Healthy Klamath meetings as an information/coming together of Healthy Klamath and Blue Zones. It was decided to reduce the frequency of HK meetings. To start, we'll	Healthy Klamath meetings will be every other month for the time being.

	<p>do every other month and after BZ is in full swing we may reassess and reduce HK meetings to quarterly. Existing projects (RARE and protected bike lanes) will continue but, at this time, no new HK projects will be started—rather we will focus on the upcoming BZ projects and information sharing about other community endeavors.</p>	
<p><b>RARE update</b></p>	<p>Healthy Klamath’s RARE participant’s name is Kim Thomson. She will be arriving the second week in September and will be working on the recreation project for the next 11 months. Her main tasks will be to take an inventory of the various recreation opportunities currently available in Klamath, talk with both those participating in recreation and those who offer the activities, research other communities’ recreation districts to learn how they are structured and sustained, and finally she will create a strategic plan with recommendations to bring to our community on how we can move forward. Jennifer will be supervising Kim and will be reaching out to many of the Healthy Klamath members to meet with Kim and start getting her connected with the community.</p> <p>Klamath Falls Downtown Association also has a RARE participant coming to help with downtown revitalization efforts.</p> <p>One Healthy Klamath member offered to host a BBQ at his house to welcome the new RARE students to Klamath. Details to come.</p>	
<p><b>Protected Bike Lane update</b></p>	<p>Using funding from the Cambia grant, the Wellness Center decided to hire Kittelson &amp; Associates to design the proposed protected bike lane from Moore Park to downtown. This aligns nicely with the City’s Transportation Growth Management Grant (TGM) who also hired Kittelson and Associates to complete an urban trails master plan. K&amp;A are national experts in protected bike lanes. They will work with the city to do measurements, conduct outreach, and help identify funding for the PBL, which will take ~6-8 months. At the conclusion of the project we will have a ‘shovel ready’ project so we’ll just need to find funds to build the actual PBL.</p> <p>September is bike month and we’re hoping to talk with city council about the PBL. There has been some opposition, so it would be help if Healthy</p>	<p>Attend the city council meeting on Tuesday, September 8<sup>th</sup> at 7pm at 500 Klamath Ave and support active commuting and protected bike lanes.</p> <p>Write a letter to the editor, city council, or city manager in support of safe active commuting and building infrastructure (protected bike lanes) that support it.</p>

	<p>Klamath members could attend the city council meeting, write letters to the editor, or write letters to the city manager or their ward's city council member in support of active commuting and this PBL project.</p>	
<p><b>Smokefree 3<sup>rd</sup> Thursday Ordinance</b></p>	<p>This year's third Thursday's were dog free and smokefree events. They had high attendance and high support. However, these are only policies rather than ordinances, so as they stand they are not truly enforceable.</p> <p>Klamath Falls Downtown Association is putting out a survey monkey to gather input about these policies. Please complete the survey. The Downtown Association will be taking that information to city council asking for an ordinance.</p>	<p>Complete this survey monkey by Thursday, September 3<sup>rd</sup>.</p> <p><a href="https://www.surveymonkey.com/r/BD3WRVZ">https://www.surveymonkey.com/r/BD3WRVZ</a></p>
<p><b>Day Without Hate</b></p>	<p>Day Without Hate: Citizens for Safe Schools is teaming up with the schools on September 11<sup>th</sup> to promote unity and nonviolence. They are bringing the students downtown for a march in celebration. County commissioners declared every 2<sup>nd</sup> Friday of September from here on out to be known as 'Day without Hate'.</p>	<p>Contact Debbie Vought <a href="mailto:dvought@citizensforsafeschools.org">dvought@citizensforsafeschools.org</a> to get involved in Day Without Hate</p>
<p><b>Other updates from the group</b></p>	<p>Gaicho Collective is having an open house/free work day on Friday August 28<sup>th</sup> so people can come learn about it.</p> <p>Klamath County Public Health wants to educate the public about the air quality during the forest fire season. Attached to the minutes is a color index that helps you know what the air quality is and when to stay indoors. You can also go online to <a href="http://www.airnow.gov/index.cfm?action=airnow.local_city&amp;cityid=158">http://www.airnow.gov/index.cfm?action=airnow.local_city&amp;cityid=158</a> to see what the current air quality is.</p> <p>OSU Extension has a job opening for a 0.8FTE Nutrition Education Assistant: It is an entry level position to deliver nutrition education to low income youth and adults in partnership with agencies, schools and volunteers.</p> <p>Patty Case from OSU Extension is working to host a meeting to coordinate all of the walking groups offered in town. Currently OSU Extension is offering</p>	<p>Contact Katherine Pope <a href="mailto:Katherine.pope@skylakes.org">Katherine.pope@skylakes.org</a> with any questions</p> <p>Contact Klamath County Public Health's Environmental Health division with questions at 541-883-1122</p> <p>Contact Patty Case for information or apply at <a href="http://oregonstate.edu/jobs">http://oregonstate.edu/jobs</a> (#0015725). Closing 9-8-15.</p> <p>Contact Patty Case <a href="mailto:patty.case@oregonstate.edu">patty.case@oregonstate.edu</a> if you'd like to participate in the</p>

	<p>the Walk with Ease program but there are other walking groups that are disconnected. The meeting will be sometime in November. This meeting could lead to the creation of a walking Moai for Blue Zones.</p> <p>The Public Health Department recently completed a Health Impact Assessment on the tobacco retail environment and its impact on youth. On September 21<sup>st</sup> from 3-5pm the Health Department will be hosting a Health Impact Assessment 101 workshop and all are invited.</p> <p>Jackie Guiley is replacing Jessie Hecocta as the Diabetes and Maternal Child Health coordinator at Tribal Health. Tribal health is in search of CNAs and LPNs, so if you know anyone please contact Klamath Tribal Health and Family Services.</p> <p>Jessie DuBose's old job as DHS Community Development Coordinator is now vacant and they are recruiting.</p> <p>Friends of the Children is expanding and will be hiring new female mentors.</p> <p>Nora Avery-Page is leaving the Herald and News to become the new coordinator for the early learning hub.</p>	<p>meeting</p> <p>Contact Kristen Wils to participate in the HIA workshop. <a href="mailto:Kwils@co.klamath.or.us">Kwils@co.klamath.or.us</a></p> <p>Tribal health is in search of CNAs and LPNs, so if you know anyone please contact Klamath Tribal Health and Family Services. (541) 882-1487</p> <p>Apply for DHS Community Development Coordinator at <a href="http://Oregonjobs.gov">Oregonjobs.gov</a></p> <p>Contact Holly Sharp <a href="mailto:holly@friendsklamath.org">holly@friendsklamath.org</a> if you know someone interested</p> <p>If people have health related stories please contact Gerry O'Brien at the Herald and News <a href="mailto:gobrien@heraldandnews.com">gobrien@heraldandnews.com</a></p>
<p>Next Meeting: <b>October 28, 2015</b></p>		