

Healthy Klamath Meeting  
 December 10, 2014  
 10:00am-11:00am  
 Community Health Education Center

In Attendance: Nora Avery Page, Mike Reeder, Angela Groves, Cyndi Kallstrom, Kim Tyree, Amy Boivin, Dr. Eccles, Matt Dodson, John Bellon, Erik Nobel, Janet Larson, Jessie DuBose, Gayle Yamasaki, Marc Kane, Jennifer Little, Katherine Pope

Agenda Item	Discussion	Action Item
Welcome-	Katherine welcomed everyone to the meeting. We recognize December is a busy time of year and it's tough to make meetings. We hope attendance will increase in the new year.	
Recreation Director position	<p>Debbie Vought, with the input of other HK partners, drafted an overview of what the recreation director position may look like (see attached). This is a working document so we'd like to go through it and talk about what might work and what we'd like to change. From this document Katherine created a task list (also attached) so we can start moving this project forward. We don't want all the work to fall onto one or two people, so we ask that others volunteer to get involved. The document was passed around, but we're asking others from the group who were not present at the meeting to sign up in one of the 3 categories listed.</p> <p>On the overview document it says 'Great Basin' and it was suggested to correct it to say 'Klamath Basin'</p> <p>A question was asked about what the last bullet on the first page meant when it said 'cataloguing, amassing, and utilizing resources...'. Rather than amassing, it's clearer to say 'expanding or bolstering existing resources. We don't need to duplicate services.</p> <p>Ken Hay had been working on cataloguing the existing resources and programs in the area.</p> <p>Lots of discussion about what needs to happen first—rec district to fund things or a coordinator to organize all of the efforts leading up to this.</p> <p>Suggested first tasks are:</p> <ul style="list-style-type: none"> <li>• <i>catalogue both programs and places</i>- existing parks as well as other small grassy areas that are central to the target population)</li> <li>• <i>make new connections to existing programs</i> (something that's low cost, mobile, and free for the community)           <ul style="list-style-type: none"> <li>○ Ken has been exploring the possibility of partnering with IYS and/or YMCA's lunch program and try to</li> </ul> </li> </ul>	<p>Review Recreation Director overview document</p> <p>Review Task List</p> <p>Sign up for Task List</p>

	<p>introduce recreation to those programs</p> <ul style="list-style-type: none"><li>○ Janet Larson said the library runs a lot of great programs and is happy to partner</li><li>● <i>search for a funder that can fund a position</i> (even if it's only .5 FTE)</li></ul> <p>Gayle suggested that we partner with the after school programs. They might have some upcoming funds that are small, but could go towards intramurals or some type of recreation activity. She wants to market the after school program and get more youth involved.</p> <p>Conversations with the City Manager revealed that the City cannot house a rec district.</p> <p>One suggestion was to ask several organizations who are involved in recreation (Ella Redkey, Kiger, Steens etc). However, all of these entities are constantly struggling to stay afloat as it is, budgets are tight, so asking for funds probably wouldn't work (not to say there's a lack of will, just funding).</p> <p>Gayle was on the steering committee for the school bond project and knows how much work and money it took to be successful. It takes expertise (sometimes a consultant) to have successful marketing and get buy in to even get it on the ballot. It took tremendous work for both the city school district and KBREC (OSU Extn) to get on the ballot.</p> <p>Dr. Eccles suggested we approach the commissioners about getting a rec district on the ballot for May 2016. In the meantime pitch a temporary funded position (that would hopefully be funded by a successful rec district campaign in the future) to the city's two main big funders—Cascade Health Alliance (our CCO) and Sky Lakes. Sky Lakes is required to provide community wellness initiatives and Cascade Health Alliance has an obligation to provide wellness programs for OHP members.</p> <p>Dr. Eccles would be willing to pitch this idea to these entities once a solid proposal is created.</p> <p>Someone suggested that the term 'recreation director' is too restrictive and not all community members resonate with recreation. We need to figure out the 'what's in it for me?' aspect to get community buy in.</p> <p>We need to model some of the things the senior center is providing and expand to the broader community because their programs go beyond just sports.</p>	
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	<p>The overarching theme for our efforts could be Healthy Lifestyle and marketed more as a social effort and bringing the people together for activities (educational classes, sports, card games etc.)</p> <p>Perhaps a 'Klamath Basin Activity Coordinator is a better name for what we're looking for, especially since we don't currently have a recreation district...</p> <p>We also need to find a model that has worked in other communities and do background research on how we can move this work forward. However, everyone has full time jobs, hence why we're after a paid position of some sort to orchestrate everything.</p> <p>The comment was made that this group needs some concrete activities to do that will progress us towards our goal. We need to flesh out what those activities could be and who would do them.</p> <p>The task list crafted by Katherine was passed around. She emphasized that both this document and Debbie's are rough drafts and can use input. There are three main 'task categories' for people to sign up under, which will in essence create sub committees.</p> <p>There are so many different initiatives going on the community, we need to have shared information and a common vision. The healthyklamath.org site is being revamped and will soon have the capacity to be a central information hub. We could post meeting minutes and other information from the various initiatives and committees.</p>	
Blue Zones Update	<p><b>There will be a recap of the Blue Zones launch at Sky Lakes in the River Rooms on December 16<sup>th</sup> at 11:00am. All are welcome to come.</b></p>	
Next meetings	<p>We discussed if we want to continue to meet as a group every other month. The group decided it wanted to meet monthly in order to get things accomplished.</p> <p>Meetings will be held the 4<sup>th</sup> Wednesday of every month from 10-11am</p>	
<p><b>Next Meeting: January 28<sup>th</sup>, 10-11am at the Community Health Education Center</b></p>		