

Healthy Klamath Meeting
 May 27, 2015
 10:00am-11:00am
 Community Health Education Center

In Attendance:

Agenda Item	Discussion	Action Item
Welcome Jennifer 1 minute		
OHSU nursing student focus group presentations Nursing students 10 minutes	<p>The nursing students conducted youth focus groups and created poster presentations of their findings. They gave a brief introduction and had their posters set up in a gallery-style format for people to peruse after the meeting adjourned.</p> <p>*Note, these focus group results are not meant to be generalizable information, but simply a glimpse at the opinions of a small group of high school youth around the county</p>	
Input from Jackie Shannon and Cyndi Kallstrom Jackie and Cyndi 15 minutes	<p>Jackie Shannon, OHSU Director of the Integrated Program in Community Research gave a brief presentation on the new rural campus forming here in Klamath Falls. She is in charge of developing research projects for students who are participating in the rural campus that OHSU is starting here in the fall. She wants to get community feedback about the needs of the community from a variety of people with different health backgrounds and perspective.</p> <p>Beginning September 28, 2015, students from OHSU will be coming to Klamath to complete community research projects. Students will be from Advanced Nursing, Physician's Assistant, Public Health, Dentistry, and Pharmacy. They are looking for community research topics that have the potential to last a year, so if one set of students leave, the next set can pick up where they left off. The concept is to research and develop interventions that are tailored to this rural community. OHSU can help look for funding opportunities for research as well.</p>	<p>Please call or email Jackie if you have a need for a research project, have questions, or comments</p> <p>shannoja@ohsu.edu Bend Tel: 541-706-6785 PDX Tel: 503-418-9860</p>
Protected Bike Lanes Update Matt Dodson 10 minutes	<p>Matt Dodson gave a quick overview of the protected bike lane (PBL) project. At this time they want to educate the community on what a PBL is and hopefully get their support to implement.</p>	<p>Contact Matt Dodson to help out</p> <p>mdodson@ci.klamath-falls.or.us</p>

	<p>They are planning to do a pop-up (temporary) PBL so the community can get an idea about what it is and why they are beneficial to have. On the first 3rd Thursday (June 18th) they'll have a 15ft wide pop up PBL on 7th street. OHSU nursing students are helping with this project, and IYS has donated shop space, tools, and human power. They will be constructing two different PBL models to give people an idea of options—one with planters and one with construction delineators to act as the barrier between traffic. You can help by being present on 3rd Thursday and handing out flyers and just talking about the PBL to get people excited about them (30mins to an hour per volunteer). You can also help with placement of the planters on June 18th prior to the event starting. Matt is looking for 10-15 volunteers</p>	
<p>RARE Application Update Jennifer 1 minute</p>	<p>The RARE committee submitted a pre-application in February. A few weeks ago the RARE coordinator and director came for a meeting to further discuss our proposed project with recreation. They will be deliberating and if they want us to have a RARE student, they will ask us to submit a full application and workplan. Hopefully within the next few weeks we will know if we move to that next round. The RARE program has 25 students and 42 community applications were submitted.</p>	
<p>Third Thursday Update Katherine 5 minutes</p>	<p>The theme for June 18th is 'Healthy Klamath'. The entire 700 block is dedicated to healthy booths and it's already booked solid with vendors! It's the first smokefree and dog free event.</p> <p>MC's on Main has created a parklet in their front sidewalk area that will be up until Labor Day. Old Town Pizza would also like to create a temporary parklet for 3rd Thursday. They are looking for a bench, plants, and possibly AstroTurf to be donated just for one day and then it could be returned.</p>	<p>Come to 3rd Thursday on June 18th!</p> <p>Help find benches, plants, Astro Turf to borrow for one day for Old Town Pizza's parklet</p> <p>Contact Katherine Katherine.pope@skylakes.org</p>
<p>Blue Zones update Erica Graves 15 minutes</p>	<p>Currently Klamath Falls is in the assessment phase. The past two weeks the Blue Zones team has been in Klamath Falls conducting focus groups, walk/bike assessments, and key informant interviews. They are gauging community readiness and support. <u>In</u> July the Blue Zones team will present a report with their findings and decide if Klamath is ready to become a Blue Zones Project</p>	

<p>Other updates</p>	<p>OSU Extension is hosting a FREE caregiver training. People caring for someone with dementia, either professionally or informally, are welcome to come. It's on June 5th from 10am-12pm at OSU Extension.</p> <p>Friends of the Children is hosting its 15th annual Friend Raiser which includes a dinner, silent auction, and live auction that raises money enabling them to make a 12 year commitment to each of the selected youth. It will be June 8th from 5pm-9pm at Steens Sports Park, Mikes Fieldhouse. See the attached flyer and RSVP forms.</p> <p>Klamath Regional Health Equity Coalition is hosting a listening session for people with mental and physical disabilities and/or their caregivers. The purpose is to gather input so they can better serve community members with disabilities. There will be FREE dinner, childcare, interpretation services, and a gift card for attending. It will be on June 8th from 6pm-7:30pm (free dinner starts at 5) at the Washington Federal Conference Center</p> <p>YMCA, IYS, and the school district provide summer meal programs that happen all over Klamath county for youth. Soon there will be a list of sites that will be providing youth activities along with meals. See the attached flyer for a list of all meal sites.</p>	<p>For the caregiver training please contact Patty Case: patty.case@oregonstate.edu</p> <p>For the Friend Raiser please contact Angela Groves: angela@friendsklamath.org</p> <p>For the listening session please contact Heidi Vaughn: hvaughn@co.klamath.or.us</p> <p>For the summer lunch program please contact Renea Wood: renea.wood@kfallsymca.org</p>
<p style="text-align: center;">Next Meeting: June 24th 10-11am Community Health Education Center (2200 Eldorado)</p>		