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| **Healthy Klamath Meeting Notes** **January 28, 2022** |
| **Attendees:**  | Kelsey Mueller, Bethany Osborn, Cord Van Riper, Jessica Kostick, Jessie Wilkie, Glenn Gailis, Kylan, Jenn Scott, Kim Estes, Denise Stillwell, Paolina Mulleneix, Brandyn, Jen Newton, Princess Osita-Oleribe, Abbie McClung, Martha Decker-Hall, Jennifer Little, Katherine Duarte, Amy Jahnke, Miranda Hill, Lynda Crocker Daniel, Obinna Oleribe, Brandyn Cowan,  |
| **Agenda Item:** | **Notes:** |
| Food Insecurity Update | * Grow this challenge event May 6th
	+ Soil testing, seed exchange & transplant demonstration
	+ Hosted at OSU extension office
* Food for Thought Events:
	+ Food preservation
	+ Small garden education
* Farmer’s Market Food Demo
	+ Utilize local in season foods to show easy recipes
	+ 1 per month during market season
* Nutrition Oregon Campaign
	+ Building curriculum for support groups
	+ Curriculum for Doulas
	+ Increasing access to prenatal education about nutrition
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| Suicide Prevention | * Jenn Scott, Prevention and Outreach introduction, first public health professional at KBBH
* 3rd Annual event video contest
	+ 7-12th graders for
	+ 1899 views: YouTube link: youtube.com/youmattertoklamath
	+ OHA recognized
	+ #1 video was a tribal youth
* Community Connect training
	+ June 6-10, 2022 limited to 16 post-vention training agencies coordinate and respond to a suicide
* Suicide prevention month is September
	+ Access taxi is doing an event in September for suicide prevention
* You matter to Klamath QPR instructors trained all certified Klamath falls city school district staff- all staff trained on the same day QPR is like CPR for suicide prevention to ask the questions and identify the signs.
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| Silver Tsunami | * Silver Tsunami by 2030 all boomers will be older than 65.
* May is aging in place older adult awareness month
* Every Saturday the first three Saturdays in may volunteer to help with projects stay comfortably in their homes
* Dates:
	+ May 7th
	+ May 14th
	+ May 21st
	+ Call Patty Card:
		- 541-883-1030
		- 541-331-2375
	+ Or email Patty at pcard@kbbh.org
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| Infant Mortality | * Wildfire Smoke during Pregnancy Pilot Project
	+ Funded to educate about the danger of wildfire smoke
	+ Will use personal and environmental air quality, and look at how these effect pregnancy and afterbirth, it may cause low birth weight or pre term labor.
	+ Will begin recruiting in May for the 1 yr project
	+ Reach out to Lynda Crocker Daniel: crockerd@ohsu.edu
* Been working on the Direct On-Scene Education. Once the initial issue has been addressed, they are trained to look at the sleep environment of the infant and decide if it’s safe or not 20 staff are trained.
* Oregon Child Development Coalition delivered infant safe sleep education at the Senior Center.
* Conversations with CHA and Rogue Valley Doulas about building up doula workforce in Klamath County.
	+ People with doula support are at a 30% less risk for cesarean
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| Physical Wellbeing/Physical Activity | * Moore Park Playground raised $695,000 out of $800,000
* Delayed for one year, building will begin spring 2023
* Fundraising for pump track at Kit Carson
* Bike rodeo and walk to school days happening in May at 2 schools
* Free Community Fitness Classes at Mikes Field House and then at different parks
* Free Community Walking Groups happening at different trails.
* Sharing exercises through social media, monthly newsletter, and living wells.
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| Housing | * CHIP housing taskforce merged with the community housing planning group and meets virtually every month
* CHA sponsored the on-going Ready to Rent classes by KHA and disbursed its first tranche of funds for project home front.
* KLCAS conducted the Point in Time count in January is conducting online housing needs survey, will host focus groups in April/May 2022.
* KCEDA currently has 4 single family homes being built and will have 4 additional houses breaking ground soon.
* Klamath Tribes are working on erecting a pallet village on 5th street Klamath falls.
* RRW operates transitional housing and has ordered 50 tents and sleeping bags for unsheltered community members
* Klamath works is planning a project similar to Rogue retreat to house 30 unsheltered persons.
* OHA’s housing webinar on April 13th.
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| Oral Health | * KHP’s primary care-dental integration program
* Improving diabetes outcomes:
	+ Oral Health screenings
	+ A1c testing
	+ Preventive dental services
	+ Aiming to increase number of dual users.
		- 13 pending referrals from PCP to dental
		- 2 are established
* OIT dental hygiene community health program expanded to Gospel Mission
	+ Oral assessments, silver diamine fluoride, varnish, education provided twice to 13 patients.
* Planning free dental day
	+ May 14 in Merrill and May 15 in Malin
	+ Flyer coming soon.
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| Community Health Assessment Updates | * Steering committee will receive the final version next week.
* Current elements being added are from the current CHIP updates
* All feedback received was appreciated general comments were favorable for being inclusive of the county as a whole.
* When the steering committee approves the draft it will be posted and 2022 work will commence
	+ Identify strategic issues
	+ Formulate goals and strategies
	+ Action Cycle
* Action Cycle is 3 years’ long
* Valeree thanked the group for all of the work done in the past 3 years.
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| Community Updates | * OHSU update
	+ Request for Project Ideas again
	+ CRH students collaborate with a community partner on a health improvement plan
	+ What all project partnerships have in common
		- Partner involvement and community engagement
		- New group of students every month
		- Focus on Deliverables
		- Data Collection, analysis etc.
		- Presentation back to your organization
	+ OHSU Health Experience Research Network and the VA are asking Veterans to share their stories about non-active duty firearm injuries
		- Participants will complete a one-hour confidential video interview and received $75 gift card
	+ Contact Lynda Crocker Daniels: crockerd@ohsu.edu
* FoodCorp Recruitment
	+ Apply now in Klamath Falls
	+ Recruiting 4 member’s positions being available in both Klamath County School District and Klamath City School District
	+ Contact Casey Bennett or Patty Case
	+ Applications due March 31st
	+ They work on gardening and healthy foods and very active in the farm to school work.
* Healthy Klamath connect webinar:
	+ Will teach how to list their programs, use it and pull reports from it.
	+ April 4th from 3pm-4pm
	+ Register using this link:
* Living Well Magazine Spring 2022
	+ Ready for disbursement to partner organizations
	+ Thank you to everyone that contributed
	+ If you have ideas for Summer 2022 email Jessie Wilkie jessie.wilkie@healthyklamath.org
* Upcoming fitness classes
	+ Any fitness level is welcomed
	+ Walking groups:
		- 4/4 12-1pm Moore Park, meet at the Gingerbread house
		- 4/22 12-1pm at KCC meet in back parking lot by OC&E trail.
* DHS is having an outreach event for Bootleg Fire Victims.
	+ Families will be given gas cards, food from the food bank, some lumber as well as some community partners.
	+ Please email or call 541-205-2847 rhonda.m.nyseth@dhsoha.state.or.us
* Central Oregon Disability resource network will be hosting an event this weekend and will have vaccines available.
* Senior Center:
	+ Marc Kane, introduced physical therapist that will be working as the health promotions and physical activity, will be working with seniors and physical activity
	+ Active seniors will be distributed on April 6th and welcomes contributions Marc.Kane@kbsc.org
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| Next Meeting: May 19, 2022  |