



Healthy Klamath Meeting Notes September 22, 2022

Agenda Item	Notes:
Equity (Valeree Lane)	<ul style="list-style-type: none"> • The overarching goal is to provide cultural competency, equity, health literacy and social justice resources to Healthy Klamath agencies, which will also be available to the community at large. • This group will work to support the equity elements of the other CHIP areas, sponsor quarterly community events and trainings to promote awareness, conversation, and action about cultural competency, equity, health literacy and social justice. • They will also provide information to agencies about perceptions about cultural competency and equity.
Food Insecurity (Kelsey Wendt)	<ul style="list-style-type: none"> • The goal of this work is to improve overall access and utilization of food resources to decrease food insecurity. • This group will work to identify strategies to improve food security and access in remote communities. They will work to partner with stakeholders that have programs in remote areas to increase connectivity to food and increase access to local food and producers. • They will work to increase education and utilization of existing resources and programs to build awareness of local programs and promote the overall food system.
Access to Care (Jessie Wilkie)	<ul style="list-style-type: none"> • The goal of this work is to increase awareness and understanding of health services. • This group will create resource guides, increase awareness of existing services and cross promote existing events and programs. • They will also work to increase awareness of equity and literacy issues among providers and the public. • They will run a coordinated campaign to improve recruitment, retention, and reputation management and health care workforce development.
Mental Health (Jennifer Scott)	<ul style="list-style-type: none"> • The overarching goal of this work is to decrease mental health stigma and increase community connection to decrease isolation. • The work to address isolation will include decreasing loneliness and increasing connection of community members through programing, and forming community groups. • They will also create community mental health educational campaigns to decrease stigma by hosting a men’s mental health campaign and a campaign to empower the community to prioritize their own mental health and empower them to build their own tool kits. • They also plan to promote mental health focused events, resources, and trainings.

<p>Physical Activity (Jessica Kostick)</p>	<ul style="list-style-type: none"> • The overarching goal is to increase physical activity among all ages in Klamath County. • This will be accomplished by increase physical activity opportunities in parks, schools, and worksites through infrastructure projects, safe routes to school, hosting events and more. • They will increase physical activity with built environment prompts like wayfinding, interpretive and interactive signage. • They will also work to increase community awareness and education around physical activity and moving naturally and increase programming and events.
<p>Substance Use (Valeree Lane)</p>	<ul style="list-style-type: none"> • The overarching goal is to increase community engagement to prevent substance use, including nicotine. • Plans to support and collaborate in community prevention activities and in community drug overdose prevention plan. • Substance use has taken too many of our community members.
<p>Klamath Grown (Alison & Alex)</p>	<ul style="list-style-type: none"> • Mission: Bring people together around local food through community engagement, education, improved food access and producer support • Vision is a thriving local food web accessible for all. • Covered KFOM to Klamath Grown timeline, born in 2017, 2019 became farmer owned, 2020-2021 operation demand exceed volunteer capacity, paused operations a year ago, and have formed a non-profit that plans to re-open • They shared information about food hubs and the benefits as well as the benefits of buying and selling locally. • Also shared the need for more small producers and a network that supports them. There is currently a gap between small and large producers. • The online market has many benefits, please check out the attached slides to learn more. • State 501c3 and taking donations at the following link: https://www.paypal.com/paypalme/KlamathGrownDonation?country.x=US&locale.x=en_US • Please reach out to Klamath Grown if you are interested in partnering or supporting in any way: director@klamathgrown.org
<p>Community Updates</p>	<ul style="list-style-type: none"> • Healthy Klamath Tobacco Prevention Coordinator, Hannah Zhang, provided updates on her tobacco workplan, working on a comprehensive approach to prevention education through a 6-part workplan which includes completing a tobacco retail assessment, creating a mass media campaign and working to improve the referral process and reduce barriers to care. Reach out to Hannah.zhang@healthyklamath.org to learn more or get involved. • Klamath Promise is offering free ACES train the trainer. Overview of training happening today at SOESD at 10:15am, and then a 3 series training session for anyone that wants to become a trainer. Reach out to Jessie DuBose to learn more: jessie_dubose@soesd.k12.or.us • In regards to Access to Services strategies, the South-Central Early Learning Hub has a Klamath & Lake Counties Resource Guide that is in process of being finalized. Reached out to Danielle.walker@douglasesd.k12.or.us for more

information. The South-Central Early Learning Hub, Klamath Lake Resource Directory will be sent out via email.

- Klamath Community Baby Shower honoring expecting parents and families with children up to the age of 1 will be hosted on Saturday, October 8 from 10:00am – 1:00 pm at Klamath Early Childhood Development Center.
- South-Central Early Learning Hub is accepting Preschool Promise applications for the 2022-2023 school year. Eligible students turn 3 or 4 by Sept. 1 2022, are residents of Oregon, and have a family income of up to 200% of Federal Poverty. Apply at: <http://www.southcentralhubenrollment.com/> or contact us by phone at (541) 957-4809.
- Patty Card has resources for home assessments, and reducing falls, October 19 from 6-8 they will also be doing a naloxone and substance use training, reach out to Patty for more information: pcard@kbbh.org
- Have an older adults stakeholders group, that meets the second Wednesday of every month, reach out to Patty to learn more: pcard@kbbh.org
- Public health is still having vaccine clinic every other Tuesday at public health, has pediatric, and booster, through the end of the calendar year, working with senior center to do a vaccine/flu event. Reach out to Jennifer Little to learn more: jlittle@klamathcounty.org
- Sky Lakes is bringing the wellness fair back! Mark your calendars for March 4th.
- Citizens For Safe Schools is hosting a Recruitment Fair and Open House October 5th 5:30-7:00pm. Flyer attached.
- Farmers market is open through the end of October, every Saturday, currently they are in the peak of veggie season, have 18 ag producers at the market, so go check it out!
- Monday at 2pm will be an info session for healthyklamathconnect.com with CHA and Findhelp, reach out to Justin Straus to learn more: justins@cascadecomp.com
- OHSU nursing students will have a health fair at Merrill potato festival, reach out to granmora@ohsu.edu if your group would like to have a booth at the Merrill Potato Festival Health Fair. No charge.
- Friday, October 28th at KU, Todd Durkin will be speaking. Come get motivated to live a healthier, more active life. See attached flyer to learn more and reach out to Jessica Kostick (jessica.kostick@healthyklamath.org) to get involved.

Next Meeting: Thursday November 17, 2022 @ 9am