



Healthy Klamath Meeting Agenda October 24, 2019

In attendance: Renea Wood, Molly Jespersen, Cally McCool, Glenn Gailis, Kyle Chapman, Merritt Driscoll, Cord Van Riper, Martha Decker-Hall, Josh Jubb, Cyndi Kallstrom, Patty Card, John Bellon, Marc Kane, Kim Brown (OSHU), Joyce Hollander-Rodriguez, Melissa Lemieux, Lynda Daniel, Kendra Santiago, Maria Ramirez, Amanda Blodgett, Jean McCalmont, Donna Rhoades, Tom Hottman, Jennifer Little, John Ritter, Corrin Kalinch, Jeanette Rutherford

Agenda Item:	Notes:
OHSU Projects and Resources (Kim Brown)	<p>Kim Brown from the OHSU Rural Campus Hub in Bend presented on role of the hub and rural campus staff within Klamath. OHSU Rural Campus Hub's mission is to improve health through partnership and research. Hub includes Knight Community Partnership Program staff as well as OCTRI and Rural Campus.</p> <p>Lynda Daniel is the new Community Research Liaison and is tasked with the Rural Health Community course, Community Project Assistance Program, bringing resources to community partners, and working to establish a regional community research coalition (future arm of HK?) to provide a focus on research within the community. See more about the Rural Campus and Community Project Assistance in the attached 1-pager and request.</p> <p>Campus for Rural Health is looking for their next round of research projects, submit a project idea via the Request for Projects Ideas (RfPI) (attached) by 5pm on November 8th to Lynda Crocker Daniel at crockerd@ohsu.edu.</p>
2916 CHIP – Final Progress Report	The 2016 CHIP final progress report is complete and will be posted to the Healthy Klamath website for community access.
CHIP Update and Workplan Review	<p>2019 CHIP is finalized and will be published to Healthy Klamath website. Each CHIP priority area will have a stand-alone "1-pager" for easy reference. Additionally, check out pages 13 and 16 of the CHIP for quick reference graphics about how each priority area and Healthy Klamath worked to align with local agency, state, and national work. Each priority issue lead provided work plan updates:</p> <p>1) Suicide Prevention (Patty Card) – You Matter to Klamath has grown to include 32 agencies and meeting each Monday at CHEC and is working to involve students and develop a student coalition. Over 16,000 "warning signs 1-pagers" have been printed and given to all schools in the region, including Tulelake and Butte Valley and each student at Klamath Falls City and Klamath County schools received a handout of the "How to talk to your children about suicide" guide. Video contest is ongoing and ends October 31st. You Matter is continuing to provide Question, Persuade, Refer (QPR) training. Email Patty Card (pcard@kbbh.org) to join or find out more.</p> <p>2) Physical Health (Merritt Driscoll) – Workgroup has met and developed work plan, which includes a central project around the new playground at Moore Park. The 20,000 sq ft playground was designed by Klamath County students and Playgrounds by Leathers with an estimated build date of Spring 2021. BZP will be fundraising throughout 2020 and are currently looking for volunteers to staff a community steering committee. Physical activity group is working with BZP around the Safe Routes to Schools funding to coordinate safe pick-up and drop-offs at schools. Work is also commencing around a trail count, possible extension of the bike lane, and a green trail to connect Link River Trail and Moore Park. BZP is working</p>

	<p>with OHSU nursing student to identify ways to increase participation at local self-management programs. Email Merritt to find out more (merritt.driscoll@healthyklamath.org).</p> <p>3) Oral Health (Cord VanRiper) – One of the larger work plans in the CHIP, Klamath Basin Oral Health Coalition is using the CHIP work plan as their annual strategic plan and has it broken into three categories: awareness, access, and advocacy and is working with vulnerable populations such as adults with diabetes, pregnant women, and hospital patients. KBOHC is partnering with CHA, KHP, KCPH, and SLMC to drive improvement in these areas. Meetings are every 4th Tuesday from noon to 1pm at CHEC. Email klamathbasinohc@gmail.com to be added to the list.</p> <p>4) Infant Mortality (Jennifer Little) – Work group has met three times and established a work plan that focuses on safe sleep practices, reducing low birth weight through enrollment in early prenatal care, and access to healthy foods. Email Jennifer Little (jlittle@klamathcounty.org) to join this work group.</p> <p>5) Housing (Maria Ramirez) – Housing steering group led by CHA has identified four areas of focus: Community Initiatives, Capital Improvement, Policy Development, and Workforce Development. Some examples of on-going programs: CHW training through KCC and OHSU with a focus on housing; “Ready to Rent” program; development of bed bug prevention and eradication program; and “missing middle” housing construction projects. Email Maria Ramirez (mariar@cascadecomp.com) to learn more.</p> <p>6) Food Insecurity (Kelsey Mueller) – Work group identified increasing access to local produce and healthy foods, improving local food economy, and education as the 2019-2020 strategies. Work group is partnering with BZP in the Healthy Corner Stores initiative (Grocery Pub is the pilot store) and have succeeded in getting KFOM and the Farmers’ Market approved as a Translink destination. KFOM and KFFM both accept SNAP benefits. Find out more from Kelsey Mueller (kelsey.mueller@healthyklamath.org).</p>
<p>Men’s Health Month (Kendra Santiago)</p>	<p>BZP will be promoting Men’s Health Month throughout November in partnership with the Movember Foundation and local agencies. KFPD, KCFD, Kingsley Field, and Oregon Dept. of Forestry are hosting a competition throughout the month. These agencies and BZP are working to increase awareness about prostate cancer, testicular cancer, suicide prevention, and other men’s health issues.</p> <p>Community members can get involved and raise awareness in three ways: 1) Grow a mustache in November, 2) attend Dec 4th celebration, and 3) form a “Make Your Moves” team (similar to BZP moai competition).</p>
<p>Community Updates</p>	<p>Community Uplift and Take Root Parenting Hub are hosting a Lunch and Learn on October 30th 11:30 – 1:30p.</p> <p>Klamath Basin Senior Center – Good Life Expo and Senior Prom at Reames on November 1st from 3-9pm.</p> <p>Healthy Klamath is working to redesign the website to make it easier to find links, relevant materials, and to get involved. Each CHIP priority area will have a dedicated page with links to join each workgroup. HK will have a general “join us” link to make it easier to join the coalition. The CHA and CHIP will have newly revamped pages as well, with progress reports and work plans posted and easy to find.</p> <p>Glenn and the BZP tobacco committee are working with corner stores and pharmacies to reduce the number of retailers selling tobacco. If you frequent a location that sells tobacco, please ask them if they have considered not selling tobacco and e-cigarettes.</p>
<p>Next Meeting: January 23, 2020</p>	