

Healthy Klamath Meeting
 April 25, 2019
 8:30-9:30am
 Community Health Education Center

In Attendance:

Blue Zones Project: Kendra Santiago, Merritt Driscoll, Jessie Hecocta, Kelsey Mueller,
 Cascade Health Alliance: Susan Boldt, Maria Ramirez, Cord VanRiper, Cally McCool
 Klamath Basin Behavioral Health: Patty Card
 Klamath County Public Health: Hakeem Broomfield, Shaymaa Taha, Erin Schulten
 Klamath Health Partnership: Amanda Blodgett, Signe Porter
 Radius Quest Health Coaching: Chad Elbert
 Sky Lakes Medical Center Foundation: Renea Wood
 Sky Lakes Medical Center Outpatient Care Management: Martha Decker-Hall

Agenda Item	Discussion
<p>Logo Reveal Merritt Driscoll 5 minutes</p>	<p>Merritt Driscoll revealed the final logo design for Healthy Klamath. 5 logos were presented at the last meeting. Kendra Santiago discussed some of the thought process behind the logo design. It was important that it was all encompassing and did not only represent traditional health focus areas, such as diet and exercise. Also, the colors chosen were intentional to be complementary with the Sky Lakes Medical Center (SLMC) logo as the Healthy Klamath Logo will often be presented along with the SLMC logo on many items. Finally, nine rays on the sun will be used to represent the Blue Zones Project Power Nine Principles.</p>
<p>CHIP Process & Timeline Erin Schulten 5 minutes</p>	<p>Erin Schulten gave an overview of the Community Health Improvement Plan (CHIP) process and timeline. The CHIP is typically done every three to five years. The CHIP is a systematic effort to address public health problems based on the results of the community health assessment activities and the community. The relationship between the Community Health Assessment (CHA) and the CHIP is that the CHA identifies health issues and the CHIP prioritizes those issues and develops strategies to address <u>as a community</u>. Designing the CHIP to be able to measure progress in addressing the health issues is key. Annual CHIP Progress Reports will be completed to measure success throughout the plan.</p> <p>We are currently on step 5 of the Mobilizing for Action through Planning and Partnerships (MAPP) strategic framework for conducting the CHA and CHIP. Step 5 is the "Formulate Goals and Strategies" Phase.</p> <p>The goals for the 2019 CHIP are:</p> <ul style="list-style-type: none"> ● One joint community document with specifics that relate to individual needs for organizations ● Community input <ul style="list-style-type: none"> ○ Have posted for community review ○ The community input will be more robust than for the 2016 CHIP. ● Improved strategy tables ● Work groups for each issue and regular updates <ul style="list-style-type: none"> ○ Improved community updates ○ Looking for better ways to get the information out to the community ○ Every other month, will report out at the Healthy Klamath Meeting.

	<p>May timeline:</p> <ul style="list-style-type: none"> • Meet with participating agencies • Hold strategy planning sessions • Complete strategy tables • Start writing the narrative <p>June timeline:</p> <ul style="list-style-type: none"> • Review strategy tables • Review narrative • Finalize CHIP
<p>CHIP Priorities Review & Sign-up Erin & Merritt 15 minutes</p>	<p>March accomplishments:</p> <ul style="list-style-type: none"> • CHIP Prioritization survey <ul style="list-style-type: none"> ○ Used the health issues from the CHA and ask for input on top two priority issues for each category <ul style="list-style-type: none"> ▪ 146 Responses <ul style="list-style-type: none"> • 47% Community Members • 52% Represented Organizations • 15% associated with Cascade Health Alliance (CAC, Member, Employee) ▪ Priority Issues that work groups will be focused around: <ul style="list-style-type: none"> • Suicide Prevention • Physical Health • Infant Mortality • Food Insecurity • Housing ▪ Merritt passed around sign-up sheet for work groups listed above
<p>Blue Zones Project Update Merritt 5 minutes</p>	<p>Policy Initiatives</p> <ul style="list-style-type: none"> • Tobacco <ul style="list-style-type: none"> ○ Smoke-free events ○ Sky Lakes Smoke free campus to be extended to satellite campuses, <ul style="list-style-type: none"> ▪ For example, eliminate smoking on the helicopter pad ○ Tobacco litter clean up <ul style="list-style-type: none"> ▪ 8300 cigarette butts picked up in 1 1/2 hours by 25 volunteers ▪ Next one will be in June in Mills Neighborhood • Food <ul style="list-style-type: none"> ○ KFOM is working on a new website that will accept credit card payments and be more user-friendly ○ Quarterly Food for Thought Events ○ The next one will be held in June with a focus on 4H. ○ There will be a larger presence at the Farmer’s Market. <ul style="list-style-type: none"> ▪ OSU is hosting a cooking demonstration training for volunteers • Built Environment <ul style="list-style-type: none"> ○ Downtown Revitalization Plan is out of date and the City is bringing an outside agency to assist in updating. The City plans to develop a realistic and feasible plan.

	<ul style="list-style-type: none"> ○ Mayor Westfall signed up for a 10 minute walk campaign - everyone in our town should be able to walk 10 minutes to get to a park ○ Bike Parade/Group Rides on Protected Bike Lane ● Restaurants/Worksites <ul style="list-style-type: none"> ○ Terra Veg is now Blue Zones Project Approved ○ Worksite MOAI competition starts on May 13 <ul style="list-style-type: none"> ▪ It will run for 10 weeks with a variety of opportunities to win prizes ● Upcoming Events: <ul style="list-style-type: none"> ○ Give Back Day, a community-wide day of volunteering is May 16. Please visit www.healthyklamath.org/givebackday to sign up for a volunteer project. ○ Bike to Work Day is on Friday, May 17th. Plan to bike, walk, or run to work on this day and visit one of the stations around town between 6:30-9:00am for a free breakfast- Zach’s Bikes, KCC, Sky Lakes, OC&E at Wiard Park. ○ Dancing with the Stars April 25- Kelsey Mueller will be a contestant and will be competing for BZP. If she wins, \$2,000 will be donated to BZP.
<p>Moore Institute Visit & Next Steps Renea Wood 10 minutes</p>	<p>Community Updates</p> <ul style="list-style-type: none"> ● Moore Institute Visit – Renea Wood <ul style="list-style-type: none"> ○ There was a presentation last month from the Moore Institute that focused on the link between nutrition, maternal health and its impact on long-term health outcomes for children (epigenetics) ○ Objective of their nutrition campaign aligns very closely with the CHA and CHIP process and Healthy Klamath. ○ Next step: put together a workgroup and develop strategies ○ This will potentially open the door to more connections and resources and impact our work ● Chad Elbert brought up that there have been a lot of conversations around nutrition in the school lunches <ul style="list-style-type: none"> ○ This is a challenge because in one mindset free lunches are important to get calories to children, while another opinion is that we need to be providing the best nutrition to students ○ Renea noted that we need to change the mindset and the culture of our schools where they are not just meeting the minimum of the USDA Federal Standards, and the Free and Reduced lunch program
<p>Other Updates 15 minutes</p>	<p>Patty Card gave an update on the You Matter to Klamath Coalition (Suicide Prevention Coalition)</p> <ul style="list-style-type: none"> ● There will be a Suicide Prevention Town Hall at Mills School May 18 with a Q&A Panel and a guest speaker. ● NAMI Walk will take place on June 1 at Veterans Park ● There is a group of Churches looking to donate backpacks. They could use monetary support. ● KBBH held Crisis Intervention Training yesterday with the Klamath Falls Police Department

	<ul style="list-style-type: none">• Patty is also participating in the Citizen’s Policy Academy in which community members learn all about what our police department does. She highly recommends this.• KBBH has a brand new website!!• Shaymaa Taha shared that a new group is forming to support the LGBTQ Community and more information will be provided in June<ul style="list-style-type: none">○ The group is forming subgroup for four areas:○ Education○ Health care○ Support Groups○ Pride Events
Next Meeting: June 27, 2019	