

Healthy Klamath Meeting  
 October 22, 2014  
 10:00am-11:00am  
 Community Health Education Center

In Attendance:

Agenda Item	Discussion	Action Item
<p>Welcome-  <b>Katherine and Stephanie</b></p> <p>5 minutes</p>		
<p>Northwest Health Foundation Grant Update  <b>Jennifer</b></p> <p>2 minutes</p>	<p>-Last meeting the group voted to pursue NWHF grant. A sub committee collaborated and wrote the proposal.</p> <p>-The grant has been submitted and successful candidates will be announced Dec 22<sup>nd</sup>.</p>	
<p>Oregon Healthiest State  <b>Katherine and Stephanie</b></p> <p>5 minutes</p>	<p>The Oregon Healthiest State is an initiative put on by OHSU, Nike, Cambia Health Foundation, Gov. Kitzhaber, who partnered with Blue Zones project.</p> <p>-It involves research and action on how to improve state health status.</p> <p>-Change behavior with education, empowerment, and infrastructure changes to make the healthy choice the easy choice.</p> <ul style="list-style-type: none"> <li>• Blue zones project: looks at places around the world where people live the longest</li> <li>• Applying the 9 found commonalities to areas in US to create the “blue zones project” . Iowa implemented this project and moved from 19<sup>th</sup> to 9<sup>th</sup> for healthiest state rankings.</li> <li>• Exact details on funding opportunities have not been released yet but there may be a few communities in OR picked. Communities are picked on both based on need and will</li> <li>• Oregon Healthiest state initiative on Nov 13<sup>th</sup>. A group will be driving up on the 12<sup>th</sup> to demonstrate our commitment.</li> <li>•</li> </ul>	<p>Oregon Healthiest State Initiative on Nov 13<sup>th</sup>. Looking for more community attendance/participation. Contact Katherine or Stephanie for more information.</p>

<p>Klamath Basin Research and Extension Center <b>Katherine</b></p> <p>1 minute</p>	<p>Petition to add levy on ballot to balance funding cuts.</p> <p>KBREC has been in Klamath county for 100 years.</p> <p>A passed levy on the May ballot will guarantee funding.</p>	<p>Sign petition to add KBREC levy to ballot.</p>
<p>ODOT Grant Update <b>Erik Nobel</b></p> <p>2 minutes</p>	<p>Money is not expected until next year. No current updates.</p>	
<p>Recreation Director Position <b>Debbie and John</b></p> <p>30 minutes</p>	<p>A subgroup met to discuss how to pursue a sustainable recreation director position. We'd previously talked about having action items established by this meeting, but there are many options on how to accomplish this, and pin pointing the starting point is difficult. Instead the group brainstormed.</p> <p>Identified areas needing help:</p> <ul style="list-style-type: none"> <li>• Funding</li> <li>• Events/sponsorships</li> <li>• Insurance</li> <li>• Advocacy/outreach</li> <li>• Planning</li> <li>• Interns</li> <li>• Media</li> </ul> <p>Ideas for Solutions:</p> <ul style="list-style-type: none"> <li>• Temporary planner position can be created to build capacity, build partnerships, plan, grant seek, create buy in, help convince others of the REC necessity, find money, and build more programming.</li> <li>• Who would house this person? How would it be funded?</li> </ul> <p>Collect an inventory: what is already going on in Klamath.</p> <ul style="list-style-type: none"> <li>• Example: page in the nickel showing all recreational activities.</li> </ul> <p>Resurrect organized recreation activities that are free to the community. It will build recognition and demonstrate the appreciation of these activities and show the need for a rec</p>	

	<p>director. We need community buy in.</p> <p>Ken Hay volunteered his time to start making connections. Currently prioritized are mills park, wiard park, Moore park, kiger stadium, and Elle redkey pool.</p> <ul style="list-style-type: none"> <li>• In city parks there used to be many free activities</li> <li>• Fairview activity center is interested in looking for funding and researching possible park activities</li> <li>• The Y partners with IYS for park lunch programs at mills. Possibility to piggy back activities with lunch program.</li> <li>• Kiger already has subsidized play activities. Target groups are 6-12<sup>th</sup> grades.</li> <li>• Elle redkey and YMCA assistant pool manager getting together to work on cooperative programming.</li> <li>• Possibility for an initiative to raise funds for a splash park at Elle redkey.</li> <li>• Moore Park and the friends of Moore Park are willing to support some activities. Klamath watershed alliance has been approached about expanding their programming in Moore Park and other parks.</li> <li>• Mountain biking course creation in Moore Park that doubles as snowboard course in the winter.</li> <li>• Ray Holiday from Holiday Jewelers wants to assist with funding pickle ball activities for seniors in Moore Park.</li> <li>• Klamath county museums already provide many interpretative walks around Klamath.</li> <li>• Mills edition has many young Spanish speaking parents. Looking at the possibility to bring in an English second language teacher to the parks. Can work with the Hispanic Advisory Board on this. Initiative has the possibility to boost comfort and participation in the community.</li> <li>• Library programs in parks bring families to parks and often at different</li> </ul>	<p>Develop long term plans to have successful rec district, then more possibilities to get grants. This is needed for a permanent long term vision.</p> <ul style="list-style-type: none"> <li>• Who will be governing board of REC district</li> <li>• What is the cost</li> <li>• Who will regulate the board (REC director?)</li> <li>• Need to refine REC district plan</li> <li>• Create job description</li> <li>• Define a more definitive vision.</li> </ul>
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	<p>times and days which boosts draw to parks.</p> <p>Looking to increase visibility of parks and promote focused activities. Also seek temporary position to take the vision further.</p> <p>There is a need to improve definition on how funds raised will be spent.</p> <p>Interest scope reaches past K Falls city.</p> <ul style="list-style-type: none"> <li>• Need to broaden vision and increase buy in</li> <li>• Temporary position can assist with this</li> </ul> <p>Some ideas for funding a temporary position (1-2 years)</p> <p>“Klamath IDEA” went to OR regional solutions process.</p> <ul style="list-style-type: none"> <li>• 9 person group- buy in from youth partners.</li> <li>• Looking for financial buy in from community for hiring their coordinator (temp position)</li> </ul> <p>Tourism Money is focused on increasing infrastructure. Directly tied to dollars and tourism.</p> <p>Perhaps we could get several entities to pledge a certain dollar amount to fund the temp position (ex. Sky Lakes, Cascade Health Alliance, Discover Klamath etc. etc. could all match funds to create the position.)</p>	<p>Need a pitch for the need for recreation and job description before asking for funding.</p> <ul style="list-style-type: none"> <li>• Skeleton plan (How REC is going to help potential funders)</li> <li>• Overall idea to tell potential funders</li> </ul> <p>Next step: The Ask</p> <ul style="list-style-type: none"> <li>• Ken, Sandra, Janet, and Jeff currently working to develop plan and job description.</li> <li>• Who else could assist with this?</li> </ul>
<p>Open Forum Time permitting</p>	<p>-CARES luncheon and tour on October 29<sup>th</sup></p> <ul style="list-style-type: none"> <li>• CARES is at a new facility. 2421 Washburn Way Suite H</li> <li>• Email Valeree for attendance</li> </ul> <p>-Park update</p> <ul style="list-style-type: none"> <li>• Posters available</li> <li>• Funding dedicated to downtown urban renewal and used to purchase vacant lots</li> </ul>	<p>Email Valeree Lane (<a href="mailto:Valeree.Lane@skylakes.org">Valeree.Lane@skylakes.org</a>) if interested in attending so she can be sure to have enough food.</p>

	<p>-Bike Lanes</p> <ul style="list-style-type: none"><li>• Stephanie met with experts to talk about reality of protected bike lanes (practical steps)</li><li>• Looking at bike lanes from Oregon Avenue connecting from Moore Park to Hutches. Eventually there is a possibility for a lane from Beihn to OIT.</li><li>• Looking for buy in from home owners, might do canvassing</li><li>• 11<sup>th</sup> St bike corral created by Ford leadership</li></ul> <p>Introduction from Cyndi Kallstrom. She is replacing Belle Shephard as an innovator agent through OHA. She helps implement Kitzhaber's initiative to implement less expensive healthcare and provide better healthcare.</p>	<p>Cyndi's contact email: <a href="mailto:Cyndi.kallstrom@state.or.us">Cyndi.kallstrom@state.or.us</a></p>
<p style="text-align: center;"><b>Next Meeting: December 10<sup>th</sup> 10-11am</b></p>		